INOUYE, AUDREY is an acupuncturist who believes in holistic and spiritual healing practices. Her project is Peaceful Heart that incorporates the holistic approach through traditional East Asian Medicine and integrates the ancient wisdom of their ancestors as a means of improving health and well-being through AI Acupuncture. She completed her Master of Science in Oriental Medicine at Acupuncture & Integrative Medicine College in Berkeley. She also received her Bachelor of Arts in Psychology from UC Irvine in which she is both knowledgeable in Eastern and Western studies.

JUSUF, NINA has been working on domestic violence and sexual assault issues since 1992, starting as a hotline volunteer before becoming a shelter-based domestic violence advocate and later as the Executive Director of the San Francisco Women Against Rape for five years. She is one of the founders of National Organization of Asians and Pacific Islanders Ending Sexual Violence (NAPIESV) and has led numerous trainings and technical assistance on sexual assault and domestic violence issues and Asian Pacific Islander-specific trauma-informed services. Nina believes in collective wellness beyond self-care and has led/facilitated trainings on organizational sustainability; multicultural wellness, sustaining activists and activism; and genuine security for survivors, activists, and women human rights defenders in Asia, the Balkans, and United States. In addition, Nina has experience in leading an experiential learning-based youth organization and overseeing Home Based Childcare Center and Nutrition Program. She can be reached at nina@napiesv.org

SUSENO, ANDREW is the creator of Moving Rasa. Rasa is the Indonesian word for taste or the discernment of feeling by the heart. Its roots trace back to Sanskrit where it is the essence or the divine that artists would attempt to connect an audience to through their work. As a practice, Moving Rasa, is a creative movement and design form that develops profound understanding and facility of our body and nervous system in context so it can partner with us rather than impede perception of Rasa. Andrew integrates his practice with his work as a Doctor of Physical Therapy, modern dancer, a certified practitioner of the Feldenkrais Method and Laban Movement Analysis and training in anti-oppressive pedagogy. He is committed to creating liberatory consciousness spaces for all people, especially those who are Black, Indigenous and/or people of color, and marginalized people.
YEE, SASANNA is the executive director of Communities as One and a mindful movement instructor. She is passionate about inspiring people to awaken to and integrate their body’s own wisdom for healing. Sasanna holds certifications in both Yoga and Medical Qigong (pronounced chi-gung) from various institutions. As a survivor of various assaults and traumas, Sasanna deeply understands that the healing process is not easy, yet it is possible! Since 2014, she regularly holds classes, workshops and speaks with youths, seniors, and others about the empowering benefits of mindful movement for individuals and for the collective. As a facilitator and space holder, Sasanna has witnessed the transformative power of different communities breathing and moving together as one. People remember who they are and why they are here. “Move the Chi” is a set of moving meditations based on Qigong (pronounced chee-gong) principles to bring harmony and wellbeing for mind, body, and spirit. QI means Energy, GONG means Cultivation. It helps reduce stress, improves vitality, connect us to the present moment, and build stronger relationships with each other and the universe.

ZAPATA-ALMA, GABRIELA LCSW, CADC, is the Associate Director of the National Center on Domestic Violence, Trauma, and Mental Health, as well as faculty at the University of Chicago, where they direct the Advanced Alcohol and Other Drug Counselor Training Program. Gabriela brings nearly 20 years of experience supporting people impacted by systemic violence and interpersonal violence, and their traumatic effects, through innovative clinical, housing, resource advocacy, peer-led, harm reduction, and HIV-integrated care programs. As a person with lived experience of violence and trauma, Gabriela centers survivor-driven solutions, non-stigmatizing approaches, and intergenerational healing in their work. Currently, Gabriela authors best practices, leads national capacity-building efforts, and provides trauma-informed policy consultation. Outside of work, Gabriela deeply values volunteering as a trauma therapist with survivors of torture and spending time in nature with family.