January marks the 18th Annual National Stalking Awareness Month

Attention Coalition Partners! January 2022 marks the 18th Annual National Stalking Awareness Month (NSAM). NSAM is a time to recognize, raise awareness, and respond to the call to action to stand against crimes of stalking. Stalking is a prevalent crime that often co-occurs with and increases the risk of sexual and domestic violence.

Stalking, Prevention, Awareness, and Resource Center (SPARC) defines stalking as “a course of conduct directed at a specific person that would cause a reasonable person to feel fear.” Stalking is a pattern of behavior directed at a specific person rendering fear or emotional distress. According to SPARC, an estimated 6 to 7.5 million people are stalked in one year in the United States. Nearly 1 in 6 women and 1 in 17 men have experienced stalking victimization at some point in their lifetime.

SPARC provides tactics perpetrators may use to stalk; these include:
- Showing up against one’s wishes.
- Making unwanted telephone calls.
- Following the victim from a distance.
-Spying on the victim with a listening device, camera, or location tracker.

Many stalking survivors experience sexual co-victimizations, including sexual threats and nonconsensual distribution of intimate images. Stalking can lead to devastating and long-lasting physical, emotional, and psychological effects on victims. The prevalence of anxiety, insomnia, social dysfunction, and severe depression is much higher among stalking victims than in the general population.

Many perpetrators stalk their victims both during and after the relationship. Stalking following the ending of a relationship is a continuation of coercive control. Although numerous men and women are stalked each year in the United States, stalking often goes unreported or overlooked. SPARC identifies intimate partner stalkers as the most threatening and dangerous type of stalker; stalking is also associated with the increased risk of intimate partner homicide.

We all have a role in identifying stalking and supporting victims/survivors! This January, join GCASAFV in raising awareness about this important and often overlooked issue.

Stalking Awareness Outreach

The Guam Coalition will be planning events to raise awareness about these important issues. GCASAFV will be holding a Stalking Awareness Outreach Event at the Micronesia Mall on Saturday, January 22, 2022. If you are interested in participating, please email info@GuamCoalition.org by Friday, January 14.

For more information and updates on upcoming January 2022 events, visit www.GuamCoalition.org. To learn more about National Stalking Awareness Month, visit https://www.stalkingawareness.org/stalking-awareness-month-2022/. 
International Day for the Abolition of Slavery - December 2, 2021

GCASAFV took part in raising awareness about International Day of the Abolition of Slavery. International Day of Abolition of Slavery, observed on December 2, is focused on eradicating modern forms of slavery, including trafficking in persons, sexual exploitation, child labor, forced marriage, and the recruitment of children for armed conflict. Slavery continues to permeate today.

Contemporary forms of slavery that exist today include forced labor, such as migrant workers, who have been trafficked for economic exploitation. Today, every 1 in 10 children works, and the majority is a result of economic exploitation. Contemporary slavery also includes the trafficking in persons wherein the Protocol to Prevent, Suppress, and Punish Trafficking in Persons Especially Women and Children, define trafficking in persons as “the recruitment, transportation, transfer, harboring, or receipt of persons, by means of threat or use of force or other forms of coercion for the purpose of exploitation.” Exploitation encompasses prostitution of others or other forms of sexual exploitation, forced labor or services, slavery or practices similar to slavery, servitude, or the removal of organs. The consent of the person trafficked for exploitation is irrelevant, and if the trafficked person is a child, it remains a crime even without the use of force.

There are currently:
- 1 in 4 victims of modern slavery are children.
- 5.4 victims of modern slavery for every 1,000 people in the world.
- Women and girls are disproportionately affected by forced labor, which accounts for 99% of victims in the commercial sex industry, and 58% in other sectors.

To learn more, visit [https://www.un.org/en/observances/slavery-abolition-day](https://www.un.org/en/observances/slavery-abolition-day)

January is National Slavery and Human Trafficking Awareness Month

January 2022 marks National Slavery and Human Trafficking Awareness Month. Since 2010, National Slavery and Human Trafficking Awareness Month has been designated as a time to raise awareness about the different forms of human trafficking, also known as modern slavery, and educating individuals about the crime and how to identify it.

January events will be launched with the Signing of the Proclamation and Presentation of the Legislative Resolution on **Friday, January 7, 2022 at 10:30 AM ChST** recognizing January as National Slavery & Human Trafficking and National Stalking Prevention & Awareness Month.
On December 3rd, the Coalition participated in raising awareness of International Day of Persons with Disabilities. According to the United Nations, nearly 15% of the world population lives with some form of disability. International Day of Disabled Persons was initially observed in 1992, which aimed to promote the rights and well-being of persons with disabilities and to increase awareness of the situation of persons with disabilities in political, economic, and cultural life. This year, GCASAFV participated and raised awareness about International Day of Persons with Disabilities by using the hashtags #IDPD, #EveryoneIncluded, #CRPD (Convention on the Rights of Persons with Disabilities), and promoting the theme “Leadership and participation of persons with disabilities toward an inclusive and sustainable post-COVID-19 world.”


Orange the World: END VIOLENCE AGAINST WOMEN NOW

During times of crises, statistics on the reports of abuse are shown to increase. According to a report from the UN Women, the rate of intimate partner violence was 1 in 3 women prior to the onset of the COVID-19 pandemic. Emerging data shows that there has been an increase in calls to domestic violence helplines in many countries since the start of the COVID-19 pandemic.

The United Nations shares ways to help end the violence:
- Believe survivors.
- Adopt comprehensive and inclusive approaches that tackle root causes.
- Transform harmful social norms.
- Empower women and girls.

The International Day for the Elimination of Violence Against Women marked the launch of the UNiTE to End Violence against Women campaign from November 25, 2021 to December 10, International Human Rights day. The 16 days of activism campaign aimed to prevent and eliminate violence against women and girls across the globe and called for global action to increase awareness, promote advocacy, and facilitate opportunities for discussion on the challenges and solutions.

For more information on 16 days of activism, visit: https://www.un.org/en/observances/ending-violence-against-women-day
Human Rights Day - December 10, 2021

“All human beings are born free and equal in dignity and rights” – Article 1 of the Universal Declaration of Human Rights is central to the theme of Human Rights Day. This year’s theme was **EQUALITY - Reducing Inequalities, Advancing Human Rights**, which emphasized principles of equality and non-discrimination. Equality is aligned with the United Nation’s 2030 Agenda to address and find solutions for forms of discrimination, which have affected the most vulnerable people in societies, including women and girls, indigenous peoples, people of African descent, LGBTQ people, migrants, and people with disabilities, among others.

Human Rights Day is ultimately a call for action, to ensure and foster a safe, clean, and healthy environment to support better and sustained societies. This year also prompts to raising awareness of vaccine injustice. According to the United Nations, vaccine inequity leaves numerous individuals vulnerable to the COVID-19 virus and will also exacerbate the gap between the rich and poor. The vaccine inequity will ultimately damper socioeconomic recovery post pandemic.

As we continue to adjust to the new normal environment following the impact of the COVID-19 pandemic, it is important that we unite to address the new unforeseen challenges as well as the longstanding challenges.

Human Rights Day also aims to address environmental degradation, which exacerbates inequalities affecting the human rights of present and future generations. Societies that promote the well-being and human rights of everyone are longstanding and more resilient.


International Human Solidarity Day - December 20, 2021

International Human Solidarity was observed on December 20; the United Nations relies heavily on solidarity, with regards to its members “to maintain international peace and security.”

Human Solidarity is observed to
- Celebrate unity in diversity.
- Remind governments to acknowledge their commitments to international agreements.
- Raise public awareness of the importance of solidarity.
- Encourage debate on the ways to promote solidarity for the achievement of the Sustainable Development Goals including the eradication of poverty.
- Call for action to champion new initiatives for the eradication of poverty.

Merry Christmas and Happy New Year from GCASAFV!

The Guam Coalition would like to wish everyone a Merry Christmas and Happy New Year! We hope that everyone continues to stay safe during the holidays! GCASAFV would also like to give a special thanks to all of our community partners and members for making 2021 a memorable year!

We look forward to you all joining us for our 2022 upcoming events and activities! For updates on GCASAFV's 2022 events and activities, visit www.GuamCoalition.org.

Christmas Spirit Award: Johnny San Nicolas

Our own St. Nicolas! In the spirit of giving, the Guam Coalition would like to reconize Johnny San Nicolas from Verizon for his continued generosity throughout the year. Johnny has been a familiar face amongst the offices in the Ada’s Plaza Center through his camaraderie and Hafa Adai spirit. We thank Johnny for gracing us with his presence and making the Coalition his favorite charity.

Community Champion: AOA - St. Anthony Catholic Church

The Archdiocese of Agana - St. Anthony Catholic Church (AOA-SAC) STOP (Services, Training, Officers, and Prosecutors) VAW (Violence Against Women) Grant Program was established in 2018, through a grant award. This grant has been in existence within the Diocese in several parishes around the island, San Dimas and San Dionisio from 2008-2010 and Immaculate Heart of Mary from 2010-2018.

This faith-based community organization focuses on training and outreach in the diverse community. AOA-SAC provides and coordinates sexual assault awareness trainings and outreach to all faith-based communities and organizations. These training presentations provide common understanding of sexual assault and identifies the different kinds of behavior and forms of sexual assault. Faith-based communities continue to expand their knowledge with the different service providers and resources to safely and effectively help those who are victims of sexual assault. Faith leaders will be able to refer victims for assistance and services, and provide information, support, and spiritual guidance.

AOA-SAC also provides non-perishable food items for those in need.

Office hours are Monday-Friday 9am-4pm.
For more information, contact: (671) 646-7181
or email: roxanne@stanthonyguam.org
Mañe'lu, formerly Big Brothers Big Sisters of Guam, is a local nonprofit that has been educating and empowering children and families to change their lives for the better for over 15 years. Since 2002, Mañe'lu has been enriching the lives of hundreds of children throughout the island by providing excellence in one-to-one monitoring.

Mañe'lu has expanded over the years to support the family through site-based youth and family activities, prevention education, work readiness workshops and the Micronesian Resource Center One-Stop-Shop. Mañe'lu continues to offer community mentors and site mentors. Community mentors and mentees spend time together after school or on the weekends while site mentors meet their mentees during lunch or for after school community activities.

The Micronesian Resource Center One-Stop Shop is a special project funded by the Department of Interior Office of Insular Affairs that provides informational and educational resources to assist brothers and sisters from neighboring islands as they transition to life in Guam. Multilingual caseworkers hold informative workshops and provide one-on-one assistance to help ease the transition. In collaboration with the local government and other nonprofit organizations, the Micronesian Resource Center One-Stop Shop aims to increase awareness of services and address the needs of those from the Freely Associated States living in Guam.

Mañe'lu Projects:

- Mañe'lu Mentoring
- Micronesian Resource Center One-Stop Shop
- Informed Island
- YOUth Impact
- Opportunity Initiative
- Employment Empowerment Initiative
- Project Akudi

Mañe'lu's youth and family programs also include:

- Sports & Activities for Youth
- Drug Prevention Education for Youth & Adults
- Work readiness Workshops for Youth & Adults
- Hikes
- Family Fun Days
- Special Events & Programs

Locations:

- 2nd floor of Shell Station, 4, Chalan Pago Ordot, Guam
- Tun Felix Camacho St. Tamuning, Guam

Contact Number: (671) 472-2227, (671) 789-1265
info@manelu.org
P.O. Box 3131, Hagatna, Guam 96932
Hours of Operation: Monday – Friday (9:00 AM – 4:00 PM)

To learn more, visit at www.manelu.org
Christina ‘Kiki’ Stinnett was a strong advocate for women’s education, health, and ending violence against women. Kiki has presented as a panelist at the Guam Coalition’s Regional Summit in 2019.

The Coalition remembers and honors Kiki’s dedication to being a staunch advocate and championing protection and rights for women and girls in the Federated States of Micronesia (FSM). She started at Chuuk Women’s Council (CWC) where she assisted her mother, and in 2010, Kiki was elected as the Chuuk Women’s Council President.

Kiki was instrumental in establishing the Tongen Inepwineu Counseling Center (TICC) in 2020, the first crisis support center for survivors of violence against women in the FSM. TICC comprises more than 60 women organizations and over 1,000 women members in Chuuk State.

Today, CWC offers programs and healthcare services to women and families, including: education, health, environmental conservation, and the preservation of Chuuk tradition. GCASAFV honors the work of Christina ‘Kiki’ Stinnett and the role she has played in furthering the rights and protection for women and girls. Although she is no longer with us, her spirit and legacy will continue to be remembered.
As we enter into the New Year and reflect on both the challenges, accomplishments and lessons learned throughout 2021, it is also important to remember to give ourselves credit for getting through the second year of the COVID-19 pandemic and adapting to this 'new normal'.

GCASAFV continues efforts to practice self-care going into the New Year. We invite you to join us (virtually or in-person) every Monday, Wednesday, and Friday at 4:30 PM ChST as we continue to promote self-care for better health.

We encourage you to follow our example and set aside time to prioritize your health. If you have not already, begin your self-care efforts. However, if you are unable to participate in your workplace, here are some self-care tips that you can do:

- **Learn to make yourself a priority**: Remember that it's okay to say "No," especially if you feel overcommitted and need a break.
- **Do something you enjoy**: Walk around Skinner Plaza and enjoy the lights at night, watch your favorite TV show, or take a much-needed power nap.
- **Be wary of social media**: Take a break from the news/social media. Set your phone on vibrate. Take a moment to focus on your breathing.
- **Connect with those important to you**: Reconnect with loved ones; chat with friends and family you have not seen in a while; or make a greeting card to someone off island.
- **Know that it's okay to ask for help**: Learn to be okay with reaching out to others for help, whether that is a close friend, family member, or local service provider.

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**Self-Care Tips During the Holidays**

GCASAFV Staff made DIY ornaments to take a break and do something they enjoy.

**FOLLOW GCASAFV on social media for more tips on prioritizing your self-care.**

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**GCASAFV Staff took a break and celebrated the achievement of one of their own staff, Keandra 'Kiki' McDonald.**

**CONGRATS Kiki on your college graduation!**

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**CONGRATULATIONS Kiki!**
As we enter the holidays amid this new normal, setting boundaries with loved ones is still essential. The personal boundaries we establish for ourselves protect our overall well-being. However, individuals may not be wary of these boundaries. The National Sexual Violence Resource Center (NSVRC) reminds us to practice everyday consent 101. Everyday consent is inclusive of respecting the emotional and personal boundaries of others. Everyday consent is practiced when we acknowledge, value, respect, and comply with one’s choices and limits. Everyday consent does not only apply to sex but also everyday situations. When we practice everyday consent, we show that we value and respect others.

NSVRC provides the following tips to practice everyday consent:

Ask for consent when touching.

It’s essential to ask for consent when hugging, tickling, and other kinds of touch. Ask sincerely, so others understand that it’s okay to say no. For people who have experienced sexual abuse, any unexpected touch can be scary and even traumatic. Therefore, you should ask for consent before touching.

Respect privacy.

Everyone has boundaries. Some people like to keep things to themselves, and others may be more private. If an individual shares personal information with you, it is important to ask what their boundaries are.

Ask permission before posting.

Before posting or tagging photos of someone on social media, ensure that you have permission. Everyone has different boundaries and levels of comfort when sharing things online, including photos.

Sex and consent.

Sex without consent is sexual assault. Consent must be freely given and can be withdrawn at any time. A person must understand what they are agreeing to and can change their mind. Consent provided in the past does not mean that consent is given in the present and future. A person who is under the influence of drugs or alcohol cannot give consent.

How to handle the "no."

When you ask for someone’s consent, they can say no. If someone does say no, do not pressure them to change their mind. Although you may be disappointed, always remember to respect boundaries.

To learn more, visit https://www.nsvrc.org/blogs/setting-boundaries-holidays-during-pandemic.
### Training Opportunities

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<th>Event</th>
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<td><strong>Save the Date: GCASAFV Addressing Sexual/Domestic Violence &amp; Engaging Communities to Action (In-Person) Training on Wednesday, February 23 - Friday, February 25, 2022, from 8:30 AM - 3:30 PM ChST</strong></td>
<td>The Guam Coalition will hold its in-person training in collaboration with the National Organization of Asians and Pacific Islanders Ending Sexual Violence, Monsoon Asians &amp; Pacific Islanders in Solidarity, and Minnesota Indian Women’s Sexual Assault Coalition. Topics will include healing and culturally responsive practices, engaging males through men's advocacy groups, and addressing SA/DV in different communities. Registration and updates regarding this training will be posted on <a href="http://www.GuamCoalition.org">www.GuamCoalition.org</a>.</td>
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<td><strong>Save the Date: GCASAFV’s Community Advocate (In-Person) Training on Monday, February 28 - Friday, March 4, 2022 from 8:30 AM - 3:30 PM ChST</strong></td>
<td>The Guam Coalition will be hosting this in-person training that focuses on building skills for interpreters with the Asian Pacific Institute on Gender Based Violence. Registration and updates regarding this training will be posted on <a href="http://www.GuamCoalition.org">www.GuamCoalition.org</a>.</td>
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<td><strong>19th Annual Hawaii International Summit on Preventing, Assessing, &amp; Treating Trauma Across the Lifespan,</strong> hosted by Institute on Violence, Abuse &amp; Trauma (IVAT)</td>
<td>March 28, 2022 - April 1, 2022&lt;br&gt;The summit goals include building multidisciplinary solutions to prevent family violence, child maltreatment, sexual violence, trauma and compassion fatigue; disseminating promising and best practices in prevention and intervention; linking research, practice, advocacy and policy; providing opportunities/techniques to re-fuel, reenergize, and apply self-care; and disseminating practical application techniques. Registration will open in January 2022. To register, visit <a href="https://www.ivatcenters.org/hawaii-summit">https://www.ivatcenters.org/hawaii-summit</a>.</td>
<td><a href="https://www.ivatcenters.org/hawaii-summit">https://www.ivatcenters.org/hawaii-summit</a>.</td>
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<td><strong>International Conference on Sexual Assault, Domestic Violence, and Reimagining Justice</strong> by End Violence Against Women International (EVAWI)</td>
<td>April 19-21, 2022&lt;br&gt;This conference focuses on sexual assault, intimate partner violence, stalking, human trafficking, and elder abuse to highlight promising practices and emerging issues to effectively respond to these crimes in all our communities. Audience: law enforcement personnel, prosecutors, victim advocates, judges, parole and probation officers, rape crisis workers, health care professionals, faith community members, educators, and researchers. To register, visit <a href="https://web.cvent.com/event/e49c7e07-0275-4051-986d-aa39127f11c8/summary">https://web.cvent.com/event/e49c7e07-0275-4051-986d-aa39127f11c8/summary</a></td>
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