

# Were you sexually abused as a child, adolescent or adult?

***You are not alone!***

**One out of three people share your experience**

*The Guam Sexual Assault and Abuse Resource Center Association invites you to join a*

## **Sexual Abuse Survivors Group**

***OVERCOME*** . . . Fear, Guilt and Shame

***BUILD*** . . . Coping Skills, Healthy Boundaries, and Self-Esteem

***GROW*** . . . from a Victim into a Survivor

**without** having to share personal information

Individual and Family Counseling are also available

**For more information, please call Tina at 647-5351**

child care and gas coupons available